

PREPARING FOR THE NANKAI TROUGH EARTHQUAKE

Learn Necessary Japanese to Survive

We have gathered the most commonly used Japanese words used during a disaster to survive an earthquake or tsunami. Please learn these words.

Vocabulary

1. 地震 (jishin) : Earthquake	13. 高台 (takadai) : Elevation/High Ground
2. 震源 (shingen) : Epicenter	14. 揺れ (yure) : Sway/Shake
3. 津波 (tsunami) : Tsunami	15. 安否 (anpi) : One's Safety
4. 避難 (hinan) : Evacuate/Escape/Take Shelter	16. 救助 (kyuujo) : Relief/Aid
5. 避難勧告 (hinan kankoku) : Evacuation Advisory	17. 救援物資 (kyuuen busshi) : Emergency Provisions
6. 避難指示 (hinan shiji) : Evacuation Order	18. 消火 (shouka) : Extinguish a Fire
7. 避難所 (hinanjo) : Shelter	19. 断水 (dansui) : Water Supply Disruption
8. 震度 (shindo) : Seismic Intensity	20. 停電 (teiden) : Power Outage
9. 余震 (yoshin) : Aftershocks	21. 警報 (keihou) : Alarm Warning
10. 危険 (kiken) : Danger/Dangerous	22. 注意報 (chuuhihou) : Advisory Warning
11. 火事 (kaji)・火災 (kasai) : Fire	23. 行方不明 (yukue fumei) : Missing
12. 逃げる (nigeru) : Escape/Run Away	24. 死者 (shisha) : Deceased

Phrases

① ○○に連れて行ってください。(○○ *ni tsurete itte kudasai.*)

Please take me to ○○.

② ○○が欲しいです。(○○ *ga hoshii desu.*)

I want ○○.

③ ○○が痛いです。(○○ *ga itai desu.*)

My ○○ hurts.

④ 家族が家の中にいます。(kazoku *ga ie no naka ni imasu.*)

My family is in the house.

⑤ ○○語を話すことができる人を見つけてください。

(○○ *go o hanasu koto ga dekiru hito o mitsukete kudasai.*)

Can you please find me a person who speaks ○○?

⑥ ○○に電話をしてください。(○○ *ni denwa o shite kudasai.*)

Please call ○○.

Safety tips for travelers



Actions to Take When Shaking Begins, During Shaking, and Just After Shaking Stops

When a large earthquake occurs, casualties will also be high so it is difficult to save everyone.

The first thing to do is to protect your head from falling items.

It is important to remember that you are responsible for **PROTECTING YOUR LIFE!**

As soon as you feel tremors, you should do the following straight away!

■ Learn that an earthquake is occurring using the Early Earthquake Warning System (*Kinkyuu Jishin Sokuhou*)

Just before the heavy tremors begin, TV, radio and mobile phones will give a warning that an earthquake will occur (however, places close to the epicenter may not receive this warning in time). When you see or hear this warning, don't rush, remain calm and evacuate (*hinan*) to a safe place.

※Some mobile phones need to be set to receive this warning. Please check at a store of your mobile phone provider to see if it is set to receive this warning.

■ Protect your head

Beware of falling items and protect your head.

■ Stay away from dangerous places

Stay away from concrete walls and cliffs.
They may collapse or fall over.

What should I do if I am in a house or building when an earthquake occurs?

● If you are in a house

Large furniture, bookshelves and picture frames may fall, so you should take cover under a sturdy table or desk.

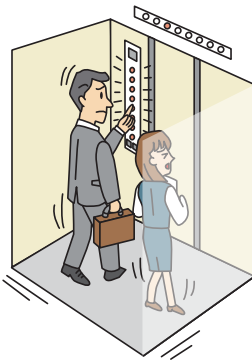


※If something heavy is capable of crushing the table, please run to somewhere safer.

● If you are in an elevator

If you feel shaking, press the buttons for every floor and get off at the first floor it stops at.

Some elevators may detect the shaking and automatically stop at the nearest floor.

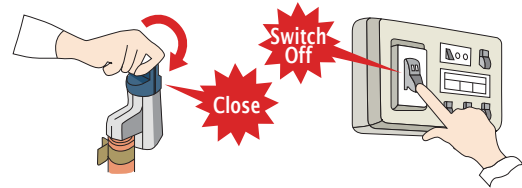


● If you are in a facility with many people

Follow the person in charge.
Remain calm and move accordingly.
Don't rush to the exits.

● When the shaking stops

Turn off all flames from gas appliances and shut the valve. Also flip the breaker for your electricity.



※If a fire (*kasai*) starts, try to extinguish immediately using a fire extinguisher while flames are still small, and to evacuate (*hinan*) to a safe place as soon as you feel any danger to your life.

What should I do if I am outside when an earthquake occurs?

● If you are in the street

If you are walking near a building, beware of falling objects like glass and signboards, cover your head with whatever you are carrying, and find a safe place to take refuge.



● If you are near a concrete wall or vending machine

Immediately move away as there is a danger that it will collapse.



● If you are in the mountains

Move away from cliffs as there is the possibility of landslides.



● If you are driving

As soon as you feel a tremor, gradually slow down, pull over to the left and turn off your engine. Turn on your hazard lights to make your car easily noticed by other vehicles.

Avoid parking if you are at the base of a wide slope or at the mouth of a tunnel as there is the danger of landslides.

When you leave the car, **leave the doors unlocked and keys in the ignition.**

Take your valuables with you.

Get out of your car and evacuate. Beware of passing vehicles.



● Be aware of aftershocks (*yoshin*)

After a large earthquake, earthquakes may occur several times so please be cautious.

The Meteorological Agency will advise of aftershocks so please listen to the TV and radio carefully.

Do not enter damaged houses as it is dangerous, and stay away from places where rocks and dirt could fall such as mountains and cliff sides.