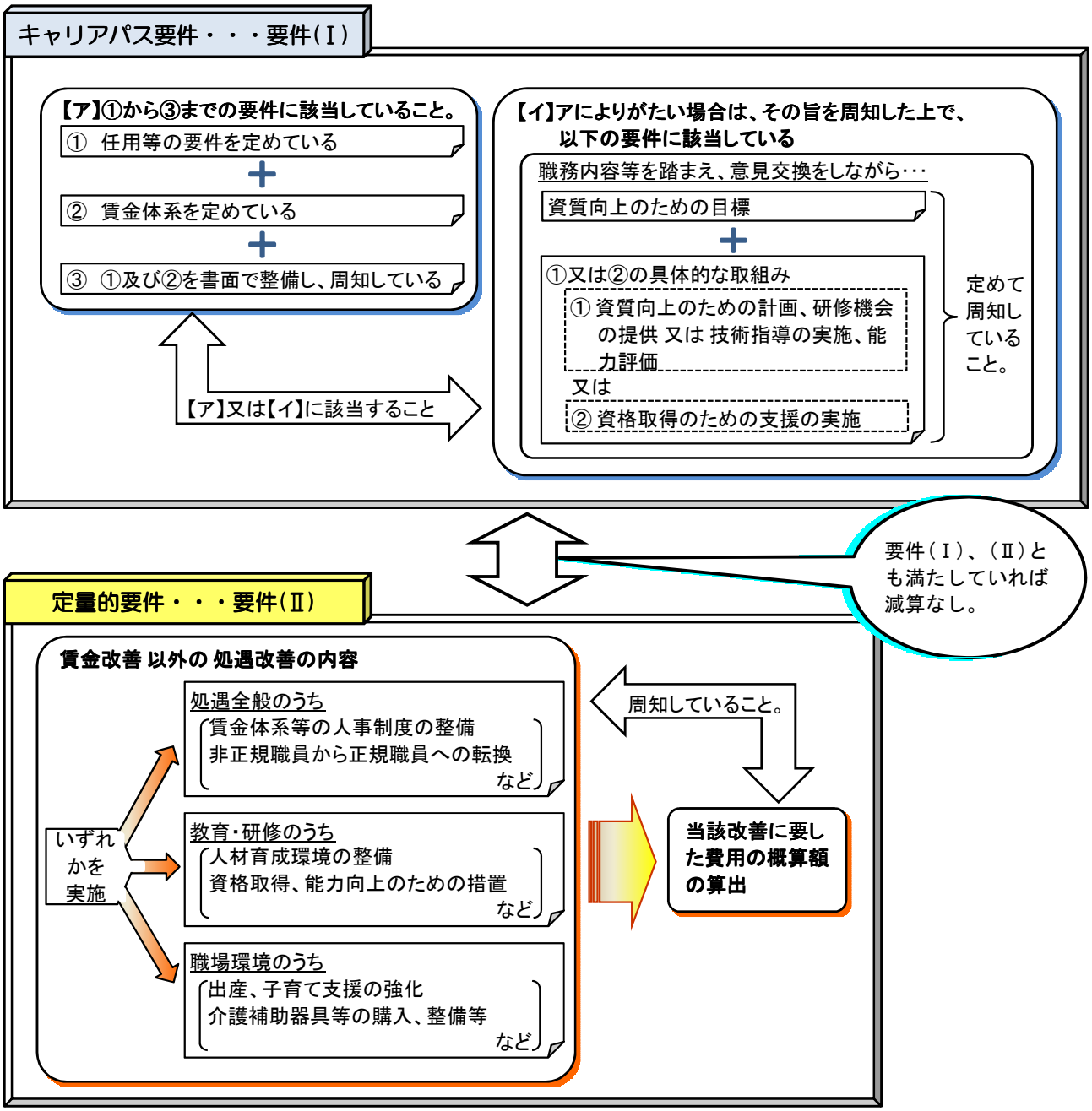福祉・介護人材処遇改善事業のキャリアパス要件、定量的要件